

WEEKLY SCHEDULE OF RECREATION ACTIVITIES
October 6th – October 12th, 2014
To Sign Up For Facility-Wide Activities See Your Unit Recreation Therapist

MONDAY, October 6

8:30 am	M2N	Football Pool
9:00 am	M3N/M4N	Music Therapy on M4N
9:00 am	D4	Football Picks & Results
9:00 am	Fox	Arts & Crafts
9:00 am	D2	Football Picks
9:15 am	KU7	What Kind of Car.....
9:30 am	KU2	Board Games
9:30 am	KUW	Devotions
9:30 am	M2N	Morning Social & Current Events
9:30 am	L2	Music
9:30 am	Fox	Wal-Mart Trip
9:30 am	KU6	Balloon Volleyball
9:50 am	KU7	Balloon Volleyball
10:00 am	D3	Trivia & Treat
10:00 am	HH	Tri Bond-C.R.8
10:00 am	KU4	What Do You Know?
10:00 am	Sheeler	Birthday Party-3W
10:00 am	M3N	Unit Devotions
10:10 am	KU8	Balloon Volleyball
10:30 am	LU7	Lunch at Dairy Queen
10:45 am	M4N	Unit Devotions
11:00 am	D4	Fun Machine Music & Memories
11:00 am	D3	Cards
11:30 am	D2	Lunch in the Atha Dining Room
11:30 am	L2	Arts & Crafts with Pam
11:45 am	KUW	Haley's for Lunch
12:45 pm	M3N	Unit Meeting
1:00 pm	M3N	Crafts with Pam
1:30 pm	M4N	Crafts with Pam
1:30 pm	L2	To the Casino
2:00 pm	KU1	All About Me
2:00 pm	KUW	Crossword Puzzle
2:00 pm	KU8	What Kind of Car....
2:00 pm	M2N	Door Decorations
2:00 pm	Sheeler	Bingo on 3E
2:00 pm	KUN	1:1's with Brandon
2:30 pm	D3	Casino Trip
2:30 pm	KU3	All About Me
3:00 pm	KU6	What Kind of Car...
3:00 pm	Fox	Devotions in F3
3:00 pm	M3N/M4N	Our Town, Our Iowa on M4N
3:30 pm	HH	Fit Express Exercise-C.R.8
3:30 pm	D2	Autumn Memories & Apple Crisp
5:15 pm	KU2	Name That Animal
5:45 pm	KU4	Name That Animal
5:45 pm	Fox	Karaoke in the Media Room
6:00 pm	HH	Movie-2 nd Floor Lounge
6:15 pm	KU8	Name That Animal
6:30 pm	L2	Jokes from Minnesota
6:30 pm	Sheeler	Mad Hatter Day-3W

TUESDAY, October 7

7:00 am	Fox	Unit Breakfast
8:30 am	M3N/M4N	Playing Cards on M3N
8:45 am	KU8	Music with Mike
9:00 am	HH	Scenic Empress Boat Ride
9:00 am	D2	Arts & Crafts
9:00 am	D4	Fall Leaf Trip to Iowa Falls
9:15 am	KU6	Remember When
9:15 am	Sheeler	Devotions-3E
9:30 am	L2	Reminiscing
9:30 am	KU6	Music with Mike
9:45 am	KU7	Remember When
9:45 am	KU1	Current Events
10:00 am	Fox	Music with Steve Castell in F1
10:00 am	D3	Exercise
10:00 am	M2N	Crafts with Pam
10:00 am	KU1	Devotions
10:00 am	KU2	Current Events
10:00 am	Sheeler	Conversation Ball-3W
10:15 am	KU7	Music with Mike
10:20 am	KU3	Current Events

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10:20 am	KU2	Devotions
10:20 am	KU3	Current Events
10:30 am	KU8	Remember When
10:30 am	M2N	Shake Loose a Memory Game
10:30 am	HH	Doodle Dice-HH LRC
10:40 am	KU3	Devotions
10:45 am	D3	Devotions
11:00 am	M3N/M4N	Silly Stories to Share on M3N
11:00 am	D4	Arts & Crafts with Pam
1:00 pm	KU8	Birthday Party
1:15 pm	Fox	Current Events
1:15 pm	L2	How We Carry Things
2:00 pm	KUN	Scat in KU7
2:00 pm	KU4/KU5	Current Events
2:00 pm	Sheeler	Root beer Floats & Trivia-3E
2:30 pm	KU3	Ready, Set, Read
3:00 pm	D2	Movie & Popcorn
3:00 pm	M2N	Reminisce Video
4:00 pm	M3N/M4N	Reminiscing on M4N
4:00 pm	KU4	Hangman
5:00 pm	HH	Trivia with Jen-HH LRC
5:00 pm	Sheeler	Fun Facts About the United States
5:30 pm	D3	Crossword Puzzle
5:40 pm	HH	Community Concert
5:45 pm	KUW	Community Concert
6:00 pm	Dack	Giant Crossword on D4

WEDNESDAY, October 8

7:30 am	L2	Breakfast out at Hardee's
8:00 am	KU8	Omelet Breakfast
8:30 am	KU5	Exercise
8:30 am	Fox	Room Visits
8:45 am	KU1	Good Ole Days
9:00 am	Sheeler	Morning Social & Conversation-2W
9:00 am	M2N	Cooking Group
9:00 am	KU1	Art
9:15 am	KU2	Good Ole Days
9:30 am	KU2	Art
9:30 am	KU6	Bean Bag Toss
9:30 am	KU7	Current Events
9:45 am	KU3	Good Ole Days
9:50 am	KU8	Bean Bag Toss
10:00 am	KU6	Devotions
10:00 am	D3	Games
10:00 am	Sheeler	Morning Social & Conversation-3W
10:00 am	HH	Pictures from the Scenic Empress Boat Ride-HH LRC
10:00 am	KU3	Art
10:00 am	Fox	Casino & Lunch
10:00 am	D4	Unit Devotions with Angela
10:10 am	KU7	Bean Bag Toss
10:15 am	KU8	Current Events
10:15 am	KU4	Arts & Crafts
10:30 am	D2	Hy-Vee Lunch & Shopping
10:30 am	M3N/M4N	Playing Card Bingo on M4N
10:30 am	KU7 & KU8	Devotions
10:45 am	KU4	Music with Mike
11:15 am	KU2	Dine & Debate in the Atha Dining Room
11:30 am	M2N	Lunch in the Atha Dining Room
11:30 am	D2	Music with Marge
11:30 am	L2	Devotions
12:00 pm	Sheeler	Piano Music-2W
12:30 pm	Sheeler	Piano Music-3E
12:30 pm	M3N/M4N	Information about Iowa on M4N
1:00 pm	KU6	Arts & Crafts
1:30 pm	KU7	Arts & Crafts
2:00 pm	KUN	1:1's with Brandon
2:00 pm	KU8	Arts & Crafts
2:30 pm	KU5	Arts & Crafts
3:00 pm	Ulery	Mass
3:00 pm	M2N	Supper at I-Hop
3:00 pm	ALL	Catholic Communion in the Chapel
3:00 pm	D4	Movie
3:30 pm	L2	Football Picks
3:30 pm	HH	Fit Express Exercise-C.R.8
5:15 pm	KU3	Cross a Toss
5:30 pm	HH	University of Okoboji Entrance Exam-HH LRC
5:45 pm	Fox	Historical Facts
5:45 pm	KU1	Picture This

OCT. 8 CONT.

6:00 pm	Dack	Fun Funny Facts on D2
6:15 pm	KU6	This is Iowa
6:30 pm	L2	NFL Trivia
6:30 pm	Sheeler	NFL Football Trivia on L2

THURSDAY, October 9

7:00 am	M2N	Breakfast on the Unit-Waffles
7:30 am	D2	Hardee's
8:00 am	HH	Current Events-2 nd Floor Lounge
8:30 am	KU3	Music Trivia
8:30 am	D4	10 Wonderful Things to be Happy About
8:45 am	KU3	Music with Mike
9:00 am	KU1	Music Trivia
9:00 am	KU8	What's That Sound
9:00 am	Sheeler	Arts & Crafts-3W
9:00 am	M3N/M4N	Remember Musical Memories on M3N
9:15 am	KU1	Music with Mike
9:30 am	L2	Unit Bingo
9:30 am	KU6	Conversation Ball
9:45 am	KU2	Music with Mike
9:50 am	KU6	What's That Sound
9:50 am	KU8	Conversation Ball
10:00 am	Fox	Unit Meeting/Birthday Party in Fox 4
10:00 am	D3	Current Events
10:00 am	Sheeler	Trivia Game-S3E
10:00 am	HH	Puppy Jake Visit
10:00 am	KU3	Bus Ride & dairy Queen
10:10 am	KU7	Conversation Ball
10:30 am	D2	Puppy Jake Visit
10:30 am	M2N	Bags Game
10:30 am	HH	Unit Devotions-2 nd Floor Lounge
10:30 am	KU7	What's That Sound
10:35 am	D3	Arts & Crafts
11:00 am	D2	Devotions
11:15 am	KU4	Lunch in the Dining Room
11:30 am	D2	Current Events
1:00 pm	M4N	Shopping at Wal-Mart
1:30 pm	Fox	Move with Me
1:30 pm	Sheeler	Historical Museum & Supper Out
1:30 pm	D3	Football Picks
1:30 pm	ALL	Worship in Chapel
1:30 pm	Ulery	Bingo
2:00 pm	M2N	Canteen Visits
2:00 pm	HH	Crafts-HH LRC
2:00 pm	KUN	1:1's With Brandon
2:30 pm	HH	Let's Play Cards-HH LRC
2:30 pm	L2	Finish the Phrase
2:45 pm	KU5	Music with Mike
3:00 pm	ALL	Mass in the Chapel
3:00 pm	D4	EZ Yahtzee
5:30 pm	Malloy	Pumpkin Painting on M3N

FRIDAY, October 10

8:00 am	HH	Coffee Cake Social-HH LRC
8:30 am	M3N/M4N	Sentimental Sing-A-Long on M3N
8:30 am	M2N	Trivia Game
8:30 am	D4	Relaxation Breathing Techniques
9:00 am	KU1	Know That Food
9:00 am	L2	Remembering Burma Shave Signs
9:00 am	M3N/M4N	Card Playing on M4N
9:00 am	KU8	Celebrate Angel Food Cake!
9:30 am	D3	Unit Meeting
10:00 am	ALL	Red Hat Ladies Program in the MLRC
10:00 am	HH	PVA Banquet in Des Moines
11:00 am	D3	Trips & Treats
11:15 am	KU7	Lunch in the Atha Dining Room
12:30 pm	KU4	Canteen Visits
1:00 pm	KU6	Celebrate Angel Food Cake!
1:00 pm	D2	Canteen Visits
1:30 pm	KU5	Canteen Visits
1:30 pm	KU2	Blast From the Past
2:00 pm	KUN	UNO in KU7
2:00 pm	KUN	1:1's with Brandon
2:00 pm	HH	Spelling Bee-2 nd Floor Lounge
2:00 pm	Fox	Halloween Pictures
2:00 pm	M2N	Card Bingo

OCT. 10 CONT.

2:00 pm	Sheeler	Pet Visits with Ribbie
2:00 pm	D3	Room Visits
2:00 pm	D3	Trips & Treats
2:30 pm	L2	Who's Who in Arts?
2:30 pm	KU3	Know That Food
3:00 pm	ALL	PVA Banquet
3:30 pm	D2	Board Games
3:30 pm	D4	October Birthday Celebration & Birthday Memories
4:00 pm	Fox	Trivia with Joanne

SATURDAY, October 11

9:15 am	ALL	Balloon Volleyball on L2
10:00 am	ALL	Military Band in MLRC
10:15 am	ALL	Finish the Phrase on D3
12:30 pm	KU4	Art Activity
1:00 pm	ALL	Quiz Me From A to Z on 3W
1:30 pm	KU5	Pumpkin Bars & Trivia
2:45 pm	KU4	Art Activity
4:20 pm	KU5	Art Activity

SUNDAY, October 12

8:45 am	KU2	Music with Harry
10:00 am	ALL	Chapel Services
10:15 am	ALL	Music with Harry on Fox 3
12:30 pm	KU4	Art Activity with Melissa
1:00 pm	ALL	Music with Harry on M3N
1:30 pm	KU5	Art Activity with Melissa
2:15 pm	ALL	Chapel Services
2:30 pm	ALL	Music with Harry in HH
2:45 pm	HH	Book Club-2 nd Floor Lounge
2:45 pm	KU4	Ladder Ball
4:20 pm	KU5	Ladder Ball