

**WEEKLY SCHEDULE OF RECREATION ACTIVITIES**  
**November 3rd – November 9th, 2014**  
To Sign Up For Facility-Wide Activities See Your Unit Recreation Therapist

**MONDAY, November 3**

9:00 am	L2	Voting Facts & Trivia
9:00 am	D4	Football Picks & Results
9:00 am	D3	Casino Trip
9:00 am	M2N	Football Pool
9:00 am	M3N/M4N	Sing-A-Long on M4N
9:00 am	Fox 1	Arts & Crafts with Pam
9:30 am	KU4/KU5	Devotions
9:30 am	Fox 2	Arts & Crafts with Pam
9:30 am	M2N	Morning Social & Current Events
10:00 am	HH	Tri-Bond in the HH LRC
10:00 am	Fox 3	Arts & Crafts with Pam
10:00 am	Sheeler	Voting Facts-S3E
10:00 am	M3N	Devotions
10:00 am	D3	Thanksgiving Decorating
10:00 am	Sheeler	Canteen Cart
10:00 am	L2	Voting Facts & Trivia
10:30 am	KU3	Cross a Toss
10:30 am	Ulery	Speaker Gary Mancuso on KU2
10:30 am	Fox 4	Arts & Crafts with Pam
10:45 am	M4N	Devotions
11:00 am	M2N	Balloon Volleyball
11:15 am	KU6	Lunch in the Atha Dining Room
11:30 am	L2	Arts & Crafts with Pam
11:30 am	D2	Trivia with Julie
12:45 pm	M3N	Unit Meeting
1:00 pm	M3N	Crafts
1:00 pm	KUN	Crossword Puzzle
1:00 pm	Sheeler	Current Events-S3W
1:30 pm	ALL	Gary Mancuso Speaker
1:30 pm	M4N	Crafts
2:00 pm	D2	Football Picks with Dave
2:00 pm	KU4/KU5	Current Events
2:00 pm	Fox	Shopping at Marshalltown Mall & Supper at Arby's
2:00 pm	KU2	November Facts
2:00 pm	KU7	Ladies Social
3:00 pm	KU8	Let's Find Out...
3:00 pm	Fox	Devotions in Fox 3
3:00 pm	L2	A to Z Trivia
3:00 pm	M2N	Reminisce Video
3:15 pm	D4	Mike Luttrell-Explaining our Short Term Memory in the Dayroom
3:30 pm	HH	Fit Express Exercise in C.R 8
5:15 pm	KU1	Let's Find Out...
5:45 pm	D2/D3/D4	Ladder Ball on D3
5:45 pm	KU4	Let's Find Out...

**TUESDAY, November 4**

7:00 am	Fox	Breakfast in Fox 1 & Fox 3
9:00 am	M4N	Play Mega Touch on M4N
9:00 am	D2	Arts & Crafts
9:00 am	M4N	Mega Touch Game
9:00 am	KU6	Time Slips
9:45 am	KU1	Current Events
9:45 am	KU7	Time Slips
10:00 am	D3	Exercise
10:00 am	KU1	Devotions
10:00 am	Sheeler	Social & Conversation on S3W
10:00 am	M2N	Crafts with Pam
10:00 am	HH	Balloon Volleyball-HH LRC
10:00 am	Fox	Music with Steve Castell in Fox 1
10:00 am	KU2	Current Events
10:20 am	KU2	Devotions
10:20 am	KU3	Current Events
10:30 am	KU8	Time Slips
10:30 am	D4	Lunch at Chef King
10:30 am	M2N	Trivia-Veteran's Day
10:30 am	KU4	Lunch at the Sunrise Café
10:40 am	KU3	Devotions
10:45 am	D3	Devotions
11:00 am	D4	Arts & Crafts with Pam
11:00 am	M3N/M4N	Giving Thanks on M4N
11:30 am	L2	Devotions
11:30 am		

**NOV. 4 CONT.**

1:00 pm	KU5	Canteen Trips
1:00 pm	L2	Reminiscing with Gail
1:00 pm	KUN	Canteen Visits
1:15 pm	Fox	Current Events
1:30 pm	M3N/M4N	Wal-Mart
2:00 pm	KU4	Canteen Trips
2:00 pm	KUN	Scat in KU7
2:00 pm	Sheeler	Bingo on S3E
2:30 pm	KU2	All About Me-My Hometown
3:00 pm	M2N	Playing UNO
3:15 pm	KU3	Music
3:30 pm	D2	Movie & Popcorn
4:00 pm	HH	Supper at That Place-Sign up in HH LRC
5:45 pm	D2/D3/D4	Root beer Floats on D4
5:45 pm	Dack	Yahtzee for the Dack Building
5:45 pm	KU5	What Do You Know?

**WEDNESDAY, November 5**

8:00 am	HH	Coffee Club
8:30 am	Fox	Decorate for Thanksgiving
8:45 am	KU1	Good Ole Days
9:00 am	KU1	Arts & Crafts
9:15 am	KU2	Good Ole Days
9:30 am	KU6	Bean Bag Toss
9:30 am	KU2	Arts & Crafts
9:45 am	M2/M3/M4N	Malloy Bingo on M2N
9:45 am	KU3	Good Ole Days
9:45 am	KU4	Name that Tune on the I-Pad
9:50 am	KU8	Bean Bag Toss
10:00 am	KU3	Arts & Crafts
10:00 am	D3	Crossword Puzzle
10:00 am	Sheeler	Trivia Game-S3W
10:00 am	D2	Canteen Visits
10:00 am	KU6	Devotions
10:30 am	KU4	Arts & Crafts with Pam
10:30 am	L2	To Perkins for Lunch
11:15 am	KU2	Dine & Debate in the Atha Dining Room
11:30 am	D2	Music with Marge
11:30 am	Fox	Lunch in the Atha Dining Room
12:00 pm	Sheeler	Piano Music-S2W
12:30 pm	Sheeler	Piano Music-S3E
12:30 pm	D2	I-MAX & Cracker Barrel
1:00 pm	KU1 & KU3	Bus Ride-Historical Marshalltown Sites
1:00 pm	Fox	Ice Cream Cart Visits
1:00 pm	KU6	Arts & Crafts
1:30 pm	KU7	Arts & Crafts
1:30 pm	M2N	Wheelchair Rides
1:30 pm	KU2	Today in History
2:00 pm	D4	Let's Play Pepper
2:00 pm	D3	Bag Toss
2:00 pm	KU8	Arts & Crafts
2:00 pm	KU6	1:1 with Brandon
2:20 pm	KU7	1:1 with Brandon
2:30 pm	L2	Football Picks
2:30 pm	KU5	Arts & Crafts with Pam
2:40 pm	KU8	1:1 with Brandon
3:00 pm	ALL	Catholic Communion in the Chapel
3:00 pm	Ulery	Choir Practice
3:30 pm	HH	Fit Express Exercise in C.R 8
4:00 pm	M3N	History of IVH on M3N
4:45 pm	M2N	Supper in the Dining Room
6:00 pm	KUN	Game Night in KU7
7:00 pm	ALL	Lennox Bingo in the Atha Dining Room

**THURSDAY, November 6**

8:30 am	D4	Favorite Thanksgiving Traditions
9:00 am	M4N	Unit Meeting
9:00 am	Sheeler	Arts & Crafts-S3W
9:30 am	Ulery	Bingo
9:30 am	M2/M3/M4N	Elk's Veterans Day Dinner
9:30 am	KU6	Conversation Ball
9:50 am	KU8	Conversation Ball
10:00 am	Fox	Women's Coffee Talk in Fox 2
10:00 am	D3	Current Events
10:00 am	Sheeler	Casino Trip & Lunch
10:00 am	M2N	Unit Meeting in the Dayroom

**NOV. 6 CONT.**

10:10 am	KU7	Conversation Ball
10:30 am	HH	Unit Devotions
10:35 am	D3	Arts & Crafts
11:00 am	D2	Devotions
11:15 am	KU5	Lunch in the Dining Room
11:30 am	D2	Current Events
11:30 am	L2	Finish the Phrase
1:00 pm	Fox	Move with Me
1:30 pm	D3	Football Picks
1:30 pm	KU1	Tri-Bond
2:00 pm	KU6	1:1 with Brandon
2:00 pm	D4	Current Events
2:00 pm	HH	Crafts
2:00 pm	ALL	St. Frances Concert in the MLRC
2:00 pm	KU4/KU5	Are You Smarter Than a 5 <sup>th</sup> Grader?
2:20 pm	KU7	1:1 with Brandon
2:30 pm	HH	Let's Play Cards
2:40 pm	KU8	1:1 with Brandon
3:00 pm	ALL	Mass in the MLRC
3:30 pm	KU2	Hickory Park Trip
3:30 pm	M2N	Door Decorations
4:00 pm	Sheeler	Root beer Floats & Conversation-S3E
4:00 pm	D2	Trip to That Place
5:30 pm	M2/M3/M4N	Favorite TV Shows
5:45 pm	Fox	Conversation Ball in Fox 3
6:00 pm	KUN	After Dinner Music in KU6
6:30 pm	Sheeler	Name That Tune-S3W

**FRIDAY, November 7**

7:30 am	D2	News, Coffee & Pastries
7:30 am	ALL	WWII & WAAC Veteran Interview in Newton
7:30 am	L2	Balloon Volleyball
9:00 am	Fox	Movie in the Households
10:00 am	KUN	Coffee & Conversation
10:30 am	KU3	Beach Volleyball
11:00 am	D3	Wheel of Fortune
12:00 pm	M2N	Crossword Puzzle
12:30 pm	M3N/M4N	Cookie Baking on M3N
12:30 pm	ALL	IVH Bowling League
1:00 pm	KU4	Balloon Volleyball
1:00 pm	KU6	Wheel of Fortune
1:30 pm	KU2	Iowa History 101
1:45 pm	KU7	Wheel of Fortune
2:00 pm	KU5	Wheel of Fortune
2:00 pm	ALL	Waverly AMVETS Auxiliary Bingo-Atha Dining Room
2:00 pm	KU1	Iowa History
2:30 pm	KU8	Wheel of Fortune
3:00 pm	D3	Trips & Treats
3:00 pm	L2	Triple T-Trivia & Treats with Tracy
3:00 pm	M4N	Crossword Puzzle
4:00 pm	Fox	Trivia with Joanne
4:00 pm	M3N/M4N	Homemade Cookie Social
5:30 pm	D3	Movie Night
6:00 pm	KUN	Movie Night in KU8

**SATURDAY, November 8**

10:00 am	ALL	History Program with David Furneax in the MLRC
12:30 pm	KU4	Canteen Visits
1:00 pm	D4	History of Veteran's Day
1:30 pm	KU5	Strawberry Shortcake & Trivia
2:45 pm	HH	Book Club-2 <sup>nd</sup> Floor Lounge
2:45 pm	KU4	Strawberry Shortcake & Trivia
4:20 pm	KU5	Ladder Ball

**SUNDAY, November 9**

8:45 am	KU2	Thanksgiving Crossword
10:00 am	ALL	Chapel Services
10:15 am	ALL	Carroms Board Game on Fox 3
12:30 pm	KU4	Act Act with Melissa
1:00 pm	ALL	Steve Castell Music Program on M3N
1:30 pm	KU5	Act Act with Melissa
2:15 pm	ALL	Chapel Services
2:30 pm	ALL	Thanksgiving Crossword in HH

**NOV. 9 CONT.**

2:45 pm KU4

Bean Bags & Music

4:20 pm KU5

Bean Bags & Music