

WEEKLY SCHEDULE OF RECREATION ACTIVITIES

December 1st - December 7th, 2014

To Sign Up For Facility-Wide Activities See Your Unit Recreation Therapist

Monday, December 1

7:30 AM	D3	Casino Breakfast
8:30 AM	M2N	Football Picks
9:00 AM	M3N	Music therapy on 3N
9:00 AM	Fox 1	Arts and Crafts with Pam
9:00 AM	KU3	December facts
9:30 AM	All Malloy	Neighborhood social on 3N
9:30 AM	Fox 2	Arts and Crafts with Pam
9:30 AM	KU1	December facts
9:30 AM	KU4/KU5	Devotions
9:30 AM	KU6	Balloon Volleyball
9:30 AM	KU6	Are You Smarter Than a 5th Grader
9:50 AM	KU7	Balloon Volleyball
10:00 AM	M3N	Devotions
10:00 AM	Fox 3	Arts and Crafts with Pam
10:00 AM	HH	HELP DECORATE CHRISTMAS COOKIES
10:00 AM	M3N	Unit Devotions on 3N
10:00 AM	Sheeler	Trivia Game on 3W
10:00 AM	Sheeler	Canteen Cart
10:00 AM	KU4/KU5	Trivia
10:00 AM	KU4/KU5	Trivia
10:10 AM	KU8	Balloon Volleyball
10:30 AM	Fox 4	Arts and Crafts with Pam
10:30 AM	M4N	Devotions
10:30 AM	KU5	Decorate the tree
10:45 AM	M4N	Unit Devotions 4N
11:15 AM	KUN	Lunch In Atha Dining Room
11:30 AM	D2	Giant Crossword
11:30 AM	L2	Arts and Crafts with Pam
11:45 AM	Sheeler	Lunch at Culver's
12:45 PM	M3N	Unit Meeting
1:00 PM	M3N	Crafts
1:00 PM	L2	Trivia with Gail
1:00 PM	KU8	Are You Smarter Than a 5th Grader
1:30 PM	D3	Wal-Mart shopping
1:30 PM	M4N	Crafts
1:30 PM	KU2	December facts
2:00 PM	HH	CHRISTMAS MOVIE
2:00 PM	KU4/KU5	Current Events
3:00 PM	D2	Baking on the Unit
3:00 PM	Fox	Devotions in Fox 3
4:00 PM	All Malloy	Snowflake Facts 4N
5:30 PM	KUN	Twinkle Tour
5:45 PM	D3	Trivia and Treats
5:45 PM	Fox	December Trivia in Fox 3
6:00 PM	HH	K-9 DEMONSTRATION
6:30 PM	Sheeler	Finish the Phrase on 3W

Tuesday, December 2

9:00 AM	D2	Arts & Crafts
9:00 AM	D4	ALA Gift Shop
9:00 AM	HH	ALA GIFT SHOP
9:00 AM	M2N/M3N	Going to the ALA Gift Shop M2 and M3
9:00 AM	KU6	Time Slips
9:00 AM	KU8	Music with Laura
9:15 AM	Sheeler	Devotions on 3E
9:30 AM	HH	CHRISTMAS SHOPPING AT VALLEY WEST MALL
9:30 AM	KU6	Music With Mike
9:30 AM	KU7	Time Slips
9:45 AM	KU1	Current Events
10:00 AM	M2N	Crafts
10:00 AM	M3N	Decorate
10:00 AM	D3	Group exercise
10:00 AM	Fox	Music with Steve Castell in Fox 1
10:00 AM	M3N	Decorating on 4N
10:00 AM	Sheeler	Current Events on 3W

10:00 AM	KU1	Devotions
10:00 AM	KU2	Current Events
10:00 AM	KU7	Music With Mike
10:00 AM	KU8	Time Slips
10:20 AM	KU2	Devotions
10:20 AM	KU3	Current Events
10:30 AM	KU4	Lunch at the Casino
10:40 AM	KU3	Devotions
10:45 AM	D3	Devotions
11:00 AM	D4	Arts and Crafts with Pam
11:30 AM	L2	Devotions with Angela
12:30 PM	Sheeler	Unit Meetings
1:00 PM	M2N/M3N	Decorating on M4N
1:00 PM	D2	ALA Christmas Gift Shop
1:00 PM	M4N	Going to the ALA Gift Shop
1:00 PM	M4N	Decorate
1:30 PM	L2	Football picks
1:30 PM	Sheeler	Afternoon Social and Conversation on 3E
2:00 PM	Fox	Music with Laura in Fox 3
2:00 PM	KUN	Scat
2:00 PM	KUN	Scat
2:30 PM	KU3	Balloon V-ball
3:00 PM	KU4	Decorate the tree
3:30 PM	D2	Movie and Popcorn
3:30 PM	D4	Supper at Perkins and Twinkle Tour
5:15 PM	U2	St. Nicholas Discussion
5:45 PM	KU5	St. Nicholas Discussion
6:15 PM	U6	St. Nicholas Discussion

Wednesday, December 3, 2014

8:00 AM	HH	COFFEE CLUB
8:45 AM	KU1	"Good Ole Days"
9:00 AM	HH	ALA GIFT SHOP
9:00 AM	L2	To the ALA Gift Shop
9:00 AM	M2N	Merle Hay Mall- Shopping and lunch in Des Moines
9:00 AM	Sheeler	ALA Gift Shop in MLRC
9:00 AM	KU1	Crafts
9:00 AM	UW	ALA Shopping
9:15 AM	KU2	"Good Ole Days"
9:30 AM	D2	Shopping and lunch at North Grand Mall, Ames.
9:30 AM	KU6	Bean Bag Toss
9:30 AM	KU2	Crafts
9:45 AM	KU3	"Good Ole Days"
9:50 AM	KU7	Bean Bag Toss
10:00 AM	D4	Unit Devotions with Angela
10:00 AM	KU3	Crafts
10:10 AM	KU8	Bean Bag Toss
10:30 AM	All Malloy	Sending Christmas Cards 4N
10:30 AM	KU4	Arts and Crafts with Pam
10:45 AM	KU4	Music with Mike
11:30 AM	D2	Music with Marge
11:30 AM	Fox	Lunch in Atha Dining Room with Fox
11:30 AM	KU2	Dine and Debate in Atha
12:00 PM	Sheeler	Piano Music on 2W
12:30 PM	Sheeler	Piano Music on 3E
1:00 PM	ALL	ALA Christmas Gift shop
1:00 PM	Fox	ALA Gift Shop in MLRC
1:00 PM	L2	Decorate Christmas Tree
1:00 PM	Sheeler	Room Visits with Janine on 2W
1:00 PM	KU6	Arts and Crafts with Pam
1:30 PM	KU1	"This is Iowa"
1:30 PM	KU7	Arts and Crafts with Pam
2:00 PM	D4	Let's Play Rummy
2:00 PM	HH	FUNNY THINGS
2:00 PM	KU8	Arts and Crafts with Pam
2:30 PM	KU5	Arts and Crafts with Pam
3:00 PM	ALL	Catholic Communion in the Chapel
3:00 PM	All Ulery	Choir
3:00 PM	Ulery	Choir
4:00 PM	All Malloy	Name you holiday favorites list 3N

5:15 PM	L2	Twinkle Tour x 2
5:30 PM	HH	HELP DECORATE LRC FOR THE HOLIDAYS
5:45 PM	D2	Wii Jeopardy
5:45 PM	D3	Wii Jeopardy

Thursday, December 4

7:30 AM	L2	Lori Line Christmas Music
9:00 AM	M4N	Unit Meeting 4N
9:00 AM	Sheeler	Arts and Crafts on 3W
9:00 AM	KU1	Music Therapy
9:30 AM	KU7	Bean Bag Toss
9:45 AM	KU2	Music Therapy
9:50 AM	KU6	Bean Bag Toss
10:10 AM	KU8	Bean Bag Toss
10:30 AM	HH	UNIT DEVOTIONS
10:30 AM	KU1/KU3	Casino trip w/lunch
10:30 AM	KUN	It's all fun and games
10:45 AM	D3	Arts and crafts
11:00 AM	D2	Devotions
11:15 AM	KU5	Lunch in the Dining Room
11:30 AM	D2	Current Events
11:30 AM	Fox	Lunch at Culvers in Marshalltown with Fox
1:00 PM	D3	Current events
1:00 PM	Fox	Move with Me in Fox 4
1:00 PM	Sheeler	Parachute Exercises on 3W
1:30 PM	ALL	Worship in the Chapel
1:30 PM	D3	Football picks
2:00 PM	D2	Assist res with Shopping at Wal-Mart
2:00 PM	D4	Let's play Domino's
2:00 PM	HH	CRAFTS
2:00 PM	KU5	Music with Mike
2:30 PM	M2N	Movie in the Dayroom
2:30 PM	HH	LETS PLAY CARDS
2:30 PM	L2	December Trivia
3:00 PM	ALL	Mass in the Chapel
3:00 PM	KU4	Bean Bag toss
4:00 PM	D4	Time to Exercise
4:00 PM	M3N/M4N	Culver's & Light Tour
5:15 PM	KU3	"Memory Match"
5:45 PM	Fox	Christmas Trivia in Fox 3
5:45 PM	KU1	Giant crossword puzzle
6:15 PM	KU7	"All about Me"
6:30 PM	Sheeler	Christmas Carol Quiz on 3W

Friday, December 5

7:30 AM	L2	Balloon Volleyball
9:00 AM	Fox	Movie in House Holds
9:30 AM	KU3	"This is Iowa"
9:30 AM	KU6	Let's Move
9:50 AM	KU7	Let's Move
10:00 AM	Sheeler	Friday Morning Movie on 3W
10:00 AM	KUN	Coffee Club
10:10 AM	KU8	Let's Move
10:30 AM	HH	LETS PLAY UNO
11:30 AM	D4	Music with the Fun Machine-test your musical
12:30 PM	M3N/M4N	Baking on M4N
1:00 PM	M2N	Shopping at Wal-Mart
1:30 PM	All Ulery	Bingo
2:00 PM	All	Bingo Atha Dining Room
2:00 PM	D3	Bingo
3:00 PM	M2N	Movie in the Dayroom
3:00 PM	L2	Guess the food
3:30 PM	D4	Top 10 Christmas Wishes of children
4:00 PM	D2	Christmas Trivia
5:45 PM	D3	Movie night

Saturday, December 6

10:30 AM	M3N	Making vintage Christmas Cards 3N
11:30 AM	HH	BBQ PORK LUNCH- sign up HH LRC
11:30 AM	M4N	Making Vintage Christmas Cards 4N
1:00 PM	All	Christmas visit day events

1:00 PM	All Ulery	Family Christmas Visit Day
1:00 PM	D2	Steve Castell Christmas Music, Crafts and Social
1:00 PM	HH	CHRISTMAS MUSIC WITH ARLENE SELBY
1:00 PM	L2	Bill Tillman Music Program
1:00 PM	Sheeler	Christmas Social on 3rd Floor
1:30 PM	Sheeler	Special Music by Campbell on 3E
afternoon	D4	Going to all the entertainment on main floor
morning	D4	Christmas treats and socializing with family

Sunday, December 7

10:00 AM	ALL	Worship in the Chapel
12:30 PM	KU4	Canteen Visits
1:30 PM	KU5	Canteen Visits
2:15 PM	ALL	Worship in the Chapel
2:45 PM	KU5	Watch Pearl Harbor Movie and Popcorn
4:15 PM	KU4	Basketball