



# IVH Insights

1 January 2013

## Physical & Occupational Therapy by Lori Reed

The Open Gym / Wheel Chair and Therapy Services area has been very busy the past few months. All new residents are screened by therapy and audiology services, and in mobility clinic where they are evaluated for appropriate mobility devices, fall risk and desire for regular exercise. Over 200 IVH residents continue to enjoy the availability of the open gym M-F. The Open Gym Services were expanded in September when the Ulery Open Gym Room was opened. Three Open Gym staff members are available in the Ulery Open gym for 2 hours M-F and provide 12-18 residents the opportunity to exercise each day. Wheel Chair Services is currently providing mechanical support to 404 manual w/chairs and 69 power chairs, with 69% of our resident population currently issued a mobility device. Wheel chairs are cleaned and serviced annually and residents are seen in wheel chair clinic per nursing referral as indicated. The Open Gym /Wheel Chair and Therapy Services Staff are looking forward to providing these ongoing services to the staff and residents of IVH in the New Year. Happy New Year to All, Open Gym /Wheel Chair and Therapy Services Staff.

### IVH Census

WW II – 117  
 Korea – 108  
 Vietnam – 197  
 Peacetime – 89  
 Gulf – 4

Army -269  
 Army Air – 1  
 Navy – 127  
 Air Force – 62  
 Marines – 53  
 Coast Guard – 1  
 WAC – 2



## This issue

- Heinz Hall P.2
- Welcome New Employees P.2
- Trans & Domestic Services P.2
- IVH Budget P.3
- Chaplain's Corner P.3
- McTV P.3
- Upcoming Events P.4
- Announcements P.4
- Employee Spotlight P.4
- Resident Spotlight P.5
- IVH Wish List P.5
- IVH Recognitions P.6

## Commandant's Corner

This is always a good time to reflect on the past year and to consider what is coming up as we enter the New Year. 2012 brought about many changes here at the IVH. We started the year by moving in the Fox building and going through the certification of the new buildings. On March 9th, we received the only deficient free inspection in recent history. The staff and leadership deserve congratulations for the hard work performed to make that happen. In May we followed up with the best inspection results in some time during the DIA annual survey. We completed the move of Sheeler and Malloy Four South to Ulery. We built a new ramp for Whitehill and moved Malloy Four North over to Dack Four. In December we submitted the final design to the VA for approval of the Dack & Malloy renovation project which will get us closer to all residents living in single rooms with their own bathroom. In

early 2013 we will move Malloy Two North & Three North into Loftus & Sheeler so we can start the renovation project. Each year brings about many changes and 2013 will be no exception. I am confident this time next year we will reflect on the challenges we overcame and the achievements we made during 2013. For us to be successful it will take cooperation from everyone including all the staff, the residents, the community, and anyone else involved in our operation. I want to take this opportunity to offer my appreciation to everyone for their commitment of caring for our residents. While this is not an easy task, your dedication is demonstrated in the comments we receive daily from the families of those we care for. It is said that it takes a village to raise a child, well It takes a community to care for those who have sacrificed so much for us all. You are the best. THANK YOU!!

*Commandant David Worley*

## Facilities Management by Brad VanBaale

The last few weeks have been very busy for the Facilities Maintenance team. We have almost completed the renovations and modifications to the Sheeler Building. The renovations and modifications to Loftus are proceeding well and should be completed sometime in January. The new fire alarm system is installed and on line in Heinz Hall. The summer cooling systems have been winterized and heating systems have been checked and are operational. Along with the many projects we are working on the team is striving to give you the prompt service you need.





## Heinz Hall Update by Margie Button

Looking back 2012 was a year of change for the residents and staff of Heinz Hall. Many HH residents successfully transitioned to independent living, residents who had been living on a nursing unit transitioned to residential level of care, and we also welcomed many new residents to living at HH. We also said good bye to long term IVH staff and welcomed new faces to HH. We have made physical changes to HH to adapt to the Well-elderly resident. Automatic doors welcome you at the front entrance, an updated fire alarm system is now in place, and perhaps most noticeably updates have been made to the HH LRC where we hosted a great family Christmas. We look forward to 2013!

**IVH Insights** is a quarterly publication of the Iowa Veterans Home  
**Editor**

Michael Hines—Staff Assistant  
To submit news or questions, please email:  
Michael.hines@ivh.state.ia.us

# Welcome New Employees *by Wayne Pierson*

At IVH our new staff employees attend a 2 day New Employee Orientation (NEO) training. During the training the staff are briefed on Hazardous Communications, Infection Control, Employee Services and Employee Assistance Program, Evacuation training, Body Mechanics, Dependent Adult Abuse, HIPPA regulations, IVH History and appreciation of our residents, CPR certification. NEO is scheduled once a month. We would like to welcome the following employees from October to December 2012.

### October

Duffy, Eric	Temp RA
Harlow, Jeffrey	RTW
Hauser, Amanda	RTW
Henderson, Tasha	RTW
Hinders, Kayla	RTW
Johnson, Bentiva	RTW
Kellis, Tony	RTW
Martinez, Kyla	RTW
Spear, Britany	RTW
Sprecher, Megan	RTW
Ulch, Angela	RTW

### December

Williams, Shireen	RTW
Bryant, Diane	RTW
Clawson, Cathy	RA
Fosdick, Natalie	RN
Garcia, Maira	RTW
Ibarra, Maria	RA-Pharmacy
Quisberg, Deborah	RTW
Steuhm, Nikki	RTW
Truman, Ameer	Dietitian
Westcott, Katheryn	RA

### November

Bly, Joshua	FWS
Brant, Amanda	RTW
Dewbre, DeAnna	FSW
Harvey, Jillisa	RTW
Jones, Julie	LPN
Lowery, Lysha	LPN
Magee, Jack	RTW
Miner, Rebecca	RTW
Mowrey, Samantha	RTW
Muller, Amanda	RTW
Otto, Susanne	RTW
Padron, Jazmin	FSW
Pilkington, Pamela	RA
Quastad, Andrea	RTW
Saenthavy, Brandy	RTW
Uhde, Abigale	RTW
Van Baale, Bradley	Plant Op Mgr 3
Wolken, Brandon	FSW
Yilek, Michael	FSW



## Transportation & Domestic Services by Denise Ulery

### **Dispatch Drivers**

**Deb Buchwald 34 years – Paul Pierron 27 years – Scot Mason 15 years – Steve Hall 7 years – Sam Martens 6 years (retired) – Grant Primus 5 years – Chad Snyder 4 years**

Our main function is to drive residents to and from their medical appointments. Travel takes us to; Des Moines VA, Iowa City VA, Hospitals throughout the state, a number of clinics and on occasion out-of-state facilities. We take our responsibility for the safety and comfort of our residents and staff very seriously. We pride ourselves on good customer service we ensure the residents arrive to their appointments in a timely manner we assist the nursing attendants and spend one-on-one time with the residents.

Our vehicles are clean and well maintained. We have successfully completed over 2450 trips in 2012 with no moving violations or accidents. We have fulfilled resident bucket list requests, cemetery visits, family funerals, church services, and assisted with resident moves

### **Activities Assistant Drivers**

**Jason Soder 16 years – Martin Ramsey 10 years**

We strive and recognize our resident's needs for recreation and we accomplish this on a daily basis. We work hard to meet the demanding schedules set-up for us. There are only 2 Activity Assistant Drivers, we work a flexible schedule that spans anywhere from 5:00 A.M. to 11:00 P.M. We work as a team and work closely with the Recreational Therapists. Our trips consist of shopping, casinos, restaurants, bowling, movies, the state fair, parades, fishing, picnics, barbecues, in-house activities, special events and much more.

With the combined 26 years of service with the Iowa Veterans Home we have had no moving violations or accidents we have achieved 6,600 trips and traveled over 250,000 miles.

### **Domestic Services**

**Eldon Schneider – 10 years**

Our main goal is a clean safe environment at the Iowa Veterans Home. The ABM contract is monitored by Domestic Services and we work closely together to meet the needs of IVH residents and staff. We are involved in everything from purchasing new furnishings and equipment, refurbishing furniture, office moves, resident moves, pest control, recycling, HIPAA, trash disposal, odor control, Christmas décor, home décor and much more. We strive to meet the daily requests in an efficient and timely manner.

Team Leader: Denise Ulery, PSE1 - 30 years

## IVH Budget Operations by Diana Steiner

On January 14<sup>th</sup>, the Iowa Legislature will come back into session. IVH has requested that the State of Iowa appropriate \$8,025,714 (10%) of our \$77 million operating budget for our fiscal year 2014 and 2015 budgets. This is the same appropriation amount as IVH has this fiscal year (FY2013); therefore a “status quo” appropriation. The Health & Human Services Appropriations Subcommittee is responsible for deciding the funding for our operating budget.

IVH has also requested \$450,000 in FY2014 to replace the emergency fuel tanks that supply the boilers and install a spill containment. This project includes new piping to the boilers and generators. For FY2015, IVH requested \$200,000 to replace sidewalks and repair concrete areas that are too difficult for residents to navigate in their wheelchairs. The Transportation, Infrastructure, and Capitals Appropriations Subcommittee is responsible for deciding the funding of our capitals budget.

During this current fiscal year, our major revenues for our operating budget include:

- Medicaid \$31,254,586
- VA & Medicare \$20,227,520
- Resident billings \$14,970,000
- State appropriation \$ 8,025,714
- Insurance companies \$ 2,400,000

During this fiscal year, some of our major expenses for our operating budget include:

- Personnel & benefits \$63,678,403
- Contracted Services \$ 4,039,961
- Drug costs \$ 1,868,335
- Food \$ 1,756,690
- Utilities \$ 1,538,672

To break out personnel costs even further:

- Overtime \$ 813,224
- Holiday Pay \$ 705,780
- Shift Differential \$ 362,750
- Stand By Pay \$ 111,640
- Med Passer Pay \$ 107,680

If you have any questions regarding this information or are interested in other information being provided, please let me know.

## Chaplain's Corner by Angela Doty

“Being Still” Giving ourselves time to reflect and heal can be a powerful way to process the things that are happening in our lives. Psalm 46:10 tells us to “Be still and know that I am God.” Through intentional times of contemplation, we can quiet our bodies and our minds and simply be. These moments of stillness can help us find our center, our source, and our grounding. Becoming aware of the rhythm of our breath, and the rise and fall of our chest will help us to center, become mindful, and tend to the present moment. We center not to get somewhere, or to do something. We center to reveal, to experience, to know our true nature, and the true nature of others. Joan Chittister puts it this way, “Until we are quiet and listen, we can never, ever know what is really going on—even in ourselves. Especially in ourselves.”

The Malloy chapel is open 24 hours a day for prayer and meditation. This month, the chaplains also dedicated the Ulery Chapel as a sacred space for prayer. We invite you to spend some quiet moments in the stillness of these places, or to find your own place to slow down, to rest, and to “be still and know”.

### IVH Chaplain Team

**Rev. Angela Doty**  
E-mail: [angela.doty@ivh.state.ia.us](mailto:angela.doty@ivh.state.ia.us)  
Office Phone: (641) 753-4512

**Rev. Craig Nelson**  
E-mail: [craig.nelson@ivh.state.ia.us](mailto:craig.nelson@ivh.state.ia.us)  
Office Phone: (641) 753- 4279



## McTV by Mike Hines

For the last 8 months Craig Schwartz, of the Iowa Valley Community College District (IVCCD), has been producing segments on the mission and capabilities of the Iowa Veterans Home. The segments have been titled “A Grateful Nation”. With the assistance of the Marshalltown Community Television (McTV), we have been able to show the segments for the general public to view. McTV airs local programming that is of interest to the local community such as City Council meetings, Board of Supervisor meetings, sporting events and other local programs throughout Marshalltown viewing area. The Iowa Veterans Home staff feels like this is an excellent way to advertise but at the same time educate the local community, veterans & spouses and the State of Iowa on what we offer at the Iowa Veterans Home. In addition, all the produced segments have been given a link. The first segment that we produced was by Commandant David G. Worley. We recently capped off the year by producing a 30 minute historical segment for our 125<sup>th</sup> Anniversary Celebration that we held on 1 December 2012. We are always looking for volunteers and ideas for this project. We wish to give a big thank-you to the Station Manager, Steve Muntz and his producer Craig Schwartz for giving us this opportunity to share the mission of Iowa Veterans Home. You may view the segments on Mediacom channel 121.8. Or view the links on our web site at <http://ivh.iowa.gov>, under the News Tab.





## IVH Website Calendar

Submit your event information on the IVH website calendar. It's quick and easy and the calendar is available to staff, residents, and the community. Log on to [www.iowaveteranshome.org](http://www.iowaveteranshome.org) and click on "Calendar" to begin.

## Upcoming Events

Day	Date	Time	Event	Location
5	January	2:00pm	Bowl Party	Malloy LRC
12	January	2:00pm	Music w/John and Dave	Malloy LRC
19	January	2:00pm	Music w/Brian Hutzell	Malloy LRC
26	January	1:30pm	Civil War Re-Enactors Program	Malloy LRC
2	February	8:30am	Gun Show	Cedar Rapids, Iowa
9	February	10:00am	Sugar and Spice Music Program	Malloy LRC
11	February	2:00pm	Salute to Hospitalized Veterans	Malloy LRC
16	February	2:00pm	DAR Washington's Birthday Tea	Malloy LRC
22	February	TBA	Dike/New Hartford Swing Choir	Malloy LRC
23	February	10:00am	Rear View Mirror Music Program	Malloy LRC

## Announcements

**Valentine's Day** is celebrated on **February 14** in most western countries. Children give valentines and have a party at school as young and old exchange cards with loved ones. This custom is hundreds of years old and dates back into the 1400s.



The United States Postal Service will be changing their postage rates effective January 27, 2013. You can view the proposed prices by going to the following web site: <http://pe.usps.com/>.



On 17 March we celebrate St. Patrick's Day. Saint Patrick's Day was made an official feast day in the early seventeenth century and has gradually become a celebration of Irish culture in general.

First-Class Mail	Full Rate
1oz letter	\$0.46
2oz letter	\$0.66
1oz flat	\$0.92
2oz flat	\$1.12
1oz parcel	\$2.07
2oz parcel	\$2.07
Postcard	\$0.33



The second day of February is often referred to as **GROUND HOG'S DAY**.

## Employee Spotlight by Susan Wilkinson

I am very happy to present Gary Shortley, IVH Pharmacist-in-Charge, to the IVH community in the Employee Spotlight. Gary graduated from Creighton University, Omaha, Nebraska and has practiced pharmacy for 30+ years. He is married to Kathleen and the couple has 4 children. Adam is 22, Aly is 17, Anna is 14 and Alex is 8. Gary takes fatherhood very seriously and has coached his kids' sports teams (football, basketball and baseball) for many years. He loves to golf, hunt and play basketball in his spare time.



Gary has worked at the Iowa Veterans Home since November of 2004 and is committed to providing our residents with the best pharmaceutical services. He currently leads a dedicated team of pharmacists, pharmacy technicians, and pharmacy support staff that ensure the nursing staff receive the residents' medications in an accurate and timely manner.



Please join me in recognizing Gary Shortley in this issue of the IVH Insights.

## Iowa Veterans Home Resident Spotlight by Kristy Kelley

Malloy 2 South would like to introduce you to Ray Rhodes. Ray grew up in Legrand, Iowa. He was the eighth of nine children in his family. He graduated from Legrand High School. On September 3, 1942 Ray enlisted in the US Army. He served during WW II, spending time in North Africa, Italy, France, and Germany. Ray was responsible for communication—surveying, setting up, and maintaining communication lines during battle. Ray has numerous awards for his service including a Purple Heart and Bronze star; however, you will not hear him talk about awards or recognitions, as he is a man of few words. On October 19, 1945 Corporal Ray Rhodes discharged from the Army. He returned to Legrand, Iowa and began driving a truck for Farm Service. He raised two children—son Randy and daughter Jane. He retired from Farm Service after 39 years. On September 9, 2010 Ray came to live at the Iowa Veterans Home on Malloy 2 South. He spends time watching the history channel and he enjoys musical entertainment of any kind. We are pleased to serve and care for Ray and we thank him for his distinguished service to our country.



### Wish List

Iowa Veterans Home  
1301 Summit Street  
Marshalltown, Iowa 50158



The Iowa Veterans Home is grateful for all donations that are donated and purchased for the residents. Many of these items are a luxury. All items on the list enhance the quality of life that the veterans and spouses enjoy. Your help in obtaining these items will be greatly appreciated. Thank you!

**Note: The Home's policies require that all clothing given to the residents be new and in original packaging.**

- Sweatpants (all sizes)
- Shirts w/pockets (all sizes)
- Blue Jeans (all sizes)
- Pajama's (all sizes)

**Note: The home is requesting money in support of the following:**

- Recreational Support
- Hospice Support
- Recognition
- Canteen Fund for residents
- Volunteer Fund
- Kitchen Sets for Fox & Ulery



### Iowa Veterans Home Memorial Fund

The Iowa Veterans Home gladly accepts memorial funds from individuals, organizations and businesses that can be used for our residents and facility. If you are interested in making a donation in memory of a loved one please contact Mike Hines at (641) 753-4309 or e-mail [michael.hines@ivh.state.ia.us](mailto:michael.hines@ivh.state.ia.us).

### In loving Memory

The Iowa Veterans Home extends its deepest condolences to the loved ones of the following residents who recently passed away. We are grateful for the time that they spent with the IVH family. Their presence will be greatly missed.



Sheldon Moon  
John Jones  
William Gist  
Charles Boston  
Douglas Herr  
Don Waite  
Daniel Duggan  
Richard Andresen Sr.  
Lawrence Gillespie  
Bernard Davidson  
Robert Davis  
George Kreimeyer  
John Hutson  
Gary Black Sr.

### Veterans

James Marlow  
Stanley Gullard  
Dwight Barton  
Terry Cook  
Carroll Beck  
Donald McKee  
Ronald Brickman  
Clarence Engstrom  
John Chandler  
Robert Stoker  
Anthony Maffee  
Dwight Cornick  
Earnest Cavin  
Ray Chrisman

### Veterans

David Bridges  
Harry Hamilton  
Robert McKelvogue  
Floyd Teske  
Russell Odegaard

### Spouses

Vera Jones  
Wanda Berhow-Phipps  
Joyce Clark  
Charlotte Howell  
Ruby Savereide  
Merle Fox  
Bonnie Emerson

Iowa Veterans Home Longevity Awards October through December 2012

5 Years

10 Years

15 Years

25 Years

30 Years

35 Years

Grant Primus  
Lachelle Aldrich  
Rosa Asmath  
Julie Avise  
Brandi Coffman  
Josefina Duffy  
Darryl Matthew  
Sarah Woodward  
Dee Linton  
Connie Roberts  
Michelle Zerán  
Sonia Hayek  
Leanne Paustian

Shauna Callaway  
Angela Doty  
Diane Blackburn  
Rhonda Close  
Renaé Gruetzmacher  
Candance Hunt  
Brandon Lindley  
Eldon Schneider  
Michael Wathen  
Denise Balot  
Daniel Myers  
Martin Ramsey

Laurie Bond  
Sheri Frahm  
Venita Mikkelson  
Jane Butler  
Tara Klein  
Crista Whaley

Cheryl Bown  
Janiece Doe  
Denise Dvorak  
Sharon Thompson  
Linda Fisher  
Barry Manz

Karen Pfantz Denise Siemens  
Denise Isaacson  
Connie McStockard



**Archbishop Military Recognition, USMC, Activities, Veterans Day and IVH 125<sup>th</sup> Anniversary**



Gov Branstad gives remarks at the IVH 125<sup>th</sup> Anniversary.



Dan Huntley speaks at the USMC Birthday Celebration.



Wreaths Across America Display



Archbishop Jerome Hanus from the Archdiocese of Dubuque performs Mass.



U.S. Marines advance the ceremonial cake during the USMC event.



IVH resident Marvin Hagen renders a military salute as Ruth Freeburg looks on during Wreaths Across America.



Archbishop Hanus with Commandant Worley.



CMDR (Ret.), USN Larry Spencer speaks at the IVH Veterans Day Program.



The Ulerly Chapel was dedicated on December 18, 2012. Chaplain Craig Nelson and Commandant David Worley spoke at the dedication emphasizing the importance of places, such as this chapel, for wholeness and healing.



AMOS FOX - IVH's first Resident, 1 December 1887.

