



IVH Insights

1 April 2013

Activity Center News By Brad Shipley

Things are busy in the Activity Centers. We have 80 plus residents participating in the ceramics program. With the addition of a new automated kiln, we now have a more efficient firing capability which produces a finer quality ceramic piece. There are close to 100 residents participating in the Arts & Crafts area which includes crafts and leather working. We are also taking arts & crafts activities to the units Monday-Friday for those residents who are unable to attend at the Activity Centers. Residents have the option of keeping the items they make or they may sell them in the Gift Shop. Please stop by and check out the display cases filled with wonderful items available for sale. I would like to give a special thanks to all the volunteers who assist with the activities, to the organizations that help provide assistance for the programs, and to a great activity staff. Great job everyone!!



Commandant's Corner

As I write this I am proud to say we had very good exit comments from the Veterans Affairs survey team after they performed their annual survey of the IVH. I want to thank all the staff for once again confirming that the care provided here is second to none. I have recently spoken at many veterans events and the positive comments I receive demonstrates the same thing. The Iowa Veterans Home provides more services to our residents than any other long term care facility I know of. Just today there are twenty-five events scheduled with four of those taking residents off grounds. That alone takes commitment and coordination to pull off. The average nursing home in Iowa is fifty-eight residents and

in the United States it is sixty-two residents. Today there are over six hundred residents living at the IVH and 500 of them are in our nursing program. The dedication the employees show here every day makes me proud to be part of the team. National Nursing Home week is May 12 – 18. I ask everyone who has any contact with the staff here to please take a moment during this week to offer thanks to those members who work here including the ABM staff and the volunteers. It takes all of them working together to perform the outstanding mission they exhibit each and every day. I am honored to play a small part in this mission. Thank You All!

Commandant David Worley

Admissions by Aaron Polley, RN, Bureau Chief of Admissions

I have currently been in the position of Bureau Chief of the Admissions Office for almost nine months now and have seen many new faces come in to the Iowa Veterans Home. In the last three months we have admitted 45 residents to their new home here at the IVH. All of the units have strived to make admission to the facility as smooth and streamlined as possible and look forward to seeing new residents come to the facility.

We currently have immediate bed availability for both Residential and Nursing level of care and a short waiting list for residents that require either a secure or semi-secure unit to live on. Moves have just been completed to empty the North tower of the Malloy building to allow for construction to begin which when finished will provide residents with their own private bathroom and shower. This will be very attractive to potential residents wishing to come to the Iowa Veterans Home. There will also be available, when construction is done, married couple suites which will allow couples admitting to the IVH a room designed specifically for them.

Our current admission committee consists of professionals from many varied departments to provide a global look at admission applications when they arrive. This allows us to look at an admission application through many lenses to make sure that residents are placed appropriately when they admit to the IVH. Admission information, location of your County Commission of Veterans Affairs as well as admission paperwork is available on the IVH website and questions can be directed toward myself or Kathy Kopsa at ext. 4325.

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IVH Census

WW II – 102
 Korea – 103
 Vietnam – 199
 Peacetime – 88
 Gulf – 4

Army – 166
 Army Air – 1
 Navy – 132
 Air Force – 34
 Marines – 47
 Coast Guard – 2
 WAC – 2



Heinz Hall Update by Margie Button

We are all anxiously awaiting Spring weather, and are looking forward to the activities that are associated with warmer temperatures. The staff of HH have been very innovative this winter organizing activities for the HH residents. The evening shift recently organized a St. Patrick's celebration as well as a Skin Care in service that provided make-up tips for the ladies of HH. The hard work of the staff and the lively participation and assistance of the residents have made the activities a huge success! We continue to welcome new residents to HH, have celebrated the success of residents that have returned to the community, and are working with Dack 3 to provide continuity of care for our residents who are in need of Nursing level of care.

IVH Insights is a quarterly publication of the Iowa Veterans Home
Editor

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Call ext. 4309

Welcome New Employees *by Wayne Pierson*



January - Front Row (L-R) Beverly Slocum, Denise Roff, Abdul Razak, Karla Ramirez, Maria Torres, Monica Purk, Barbara Baker

Middle Row (L-R) Ronald Oliver, Penny Davis, Aimee Deimerly, Karen Seemann, Echo Mitchell, Cynthia Muthusi, Christine Lindgren

Back Row (L-R) Trenton Dodd, Kyle Fleming, Tanya Halverson, Sarah Bruner, Rachel Rohach, Raelene Needham, Loretta Vibbard, Lloyd Butler



February - Front (L-R) Guadalupe Merlos-Garcia, Joyce Larson, Jodi Gillis, Wendy Hilderbrand, Jennifer Albrecht, Wendy Heatherington

Middle (L-R) Janet Torres, Christina Dubois, Anita Nevarez-Ramos, Colton Umbarger, Catherine Acosta, Amber Niederklopper

Back (L-R) Eulalia Pena, Paige Chik, Ariana Yepez, Sandra Garcia-DeCruz, Erica Nicholson, Randall Meyers

(Not Pictured) Vonnie Weuve



March - Front Row (L-R) Maureen Hershey, Dixie Hansen, Ledema Kephart, Becky Rodriguez, Jena Eichhorst

Back Row (L-R) Todd Hedges, Corin Joehring, Kelsey Knox, Desiree Perry, Mary Shively



Iowa Veterans Home Retirements *by Michael Hines*

Retirements are a time in our lives that we may decide to spend time with our family, volunteer in the community or have the opportunity to do activities that we may not have had the time to do before. Retirements should be celebrated and not mourned as retirements are a happy period to be enjoyed to its utmost. We are grateful to salute you for your dedication of hard work here at the Iowa Veterans Home! We wish everyone a grateful future ahead after your retirement! May all your coming days be filled with many more rewards of joy and fulfillment. The retirees listed below have a total of 101 years of service to the Iowa Veterans Home!

- | | |
|-------------------|---|
| 01/04/2013 | Diane Lemker, Volunteer Services Coordinator |
| 02/04/2013 | Steven Chamberlain, RTW |
| 03/16/2013 | Peggy Edel, LPN |
| 03/28/2013 | Ruth Leeper, RTW |
| 03/29/2013 | Douglas Freeman, Public Service Executive 4 |



Iowa Veterans Home Recreation Therapists by Deb Hill

The Recreation department consists of 13 Therapeutic Recreational Specialist (TRS), two Recreation LPN's and two Bus Drivers. There are 187 combined years of service among the TRS. One TRS is assigned to each unit with the exception of the Ulery Building where there are three and Heinz Hall which has two. There are many events that we plan both on and off grounds. By the end of the first quarter of 2013 we will have provided 202 off grounds outings. Off ground outings include going out to eat, shopping, sporting events, movies, concerts and many more. The on ground events include music programs, Bingos, movies parties, cards and sports tournaments. This does not include all the unit events that are scheduled weekly.

We are also responsible for the Jody Clark Swain Memorial Green House and the resident garden box program, Stitch and Stuff, the annual couples dinner and all the Nursing Home week festivities in May, just to name a few. The Iowa Veterans Home Therapeutic Recreational Specialists serve on several committees throughout the facility. We also attend weekly Interdisciplinary Resident Care Committee (IRCC) meetings as well. There is a lot going on in the Recreation Department and we appreciate any suggestions of places to go, things to see and good restaurants. We also appreciate the assistance we get from other departments to make each activity enjoyable for the residents.



Facilities Management by Kathy Shannon

The Generator project is winding down as the new emissions equipment has been installed. A new DNR permit will be required before start-up can occur. Work is anticipated to be completed sometime in March. The drawings and specifications for the boiler project are currently being reviewed and edited. The budget is being scrutinized with the anticipation that this project would go back out for bid shortly. The Dack and Malloy Renovation project is currently out for bid with bids due back March 7, 2013. Construction is anticipated to begin four to eight weeks following the contractor selection.



Maintenance and all have completed the renovation of Sheeler 2 and 3. The rooms were patched and painted and the floors cleaned and waxed. The carpenters, painters, plumbers, electricians and HVAC technicians, with some help from the drivers, did a great job getting the building ready for occupancy. IT got phones, computers, cable tv, door locking, etc. installed and ready for staff and residents to inhabit the space. ABM then performed their magic and made the area sparkle. Denise and Eldon put on the finishing touches and the place is now very homey. Laundry got the area stocked with laundry supplies and then spent a great effort getting furniture and items moved in advance. Thanks to Denise Ulery and Brad Van Baale for spearheading the operation.

Work in Loftus was at a frantic pace this month as we raced to meet that move in date as well. Cabinets have been installed, plumbing repaired, walls painted, tv's installed, oxygen rooms created, and lots of updating. ABM has just refinished on floors. Move in date was March 12th and we were ready! s

Last but not least, thanks to the staff for all the efforts on snow removal during the two big storms we had in February.

Military History by Michael Hines

The month of April, like every month of the year has its notable events that occurred in our military history. On April 18, 1942, the first U.S. raid on Japan occurred. Lt. Col. James "Jimmy" Doolittle led the famous "Doolittle Raid" on Tokyo and the Japanese Islands, with orders not to bomb the Imperial Palace. Sixteen B-25 Mitchell bombers took off from the carrier *Hornet* about 800 miles from Japan. Many of the raiders died, some spent the war in Japanese prison camps. Doolittle was awarded the Medal of Honor for his actions. Congress designated May as National Military Appreciation Month in 1999 to ensure the nation was given the opportunity to publically demonstrate their appreciation for the sacrifices and successes made by our service members - past and present. May was selected because it has most days set aside for celebrating and commemorating our military's achievements. These days include Loyalty Day, which was established in 1921, Victory in Europe (VE) Day commemorating the end of WWII in Europe on May 8, 1945, Armed Forces Day created in 1949, and Military Spouse Appreciation Day established in 1984, and of course the best known of the May holidays, Memorial Day. On 6 June 1944, D-Day, the largest amphibious landing in history, began in the early-morning hours as Allied forces landed in Normandy on the northern coast of France. Operation Overlord took months of planning and involved 1,527,000 soldiers in 47 Allied divisions along with 4,400 ships and landing craft, and 11,000 aircraft. The Germans had about 60 divisions spread along France and the Low Countries. American forces landed on two western beaches, Utah and Omaha, while British and Canadian troops landed farther east on Gold, Juno and Sword beaches. By the end of the day 150,000 Allied soldiers and their accompanying vehicles had landed with 15,000 killed and wounded.



IVH Website Calendar

Submit your event information on the IVH website calendar. It's quick and easy and the calendar is available to staff, residents, and the community. Log on to www.iowaveteranshome.org and click on "Calendar" to begin.

Upcoming Events

Day	Date	Time	Event	Location
6th	April	6:00pm	Marshalltown Men's Choir	Marshalltown High School
13th	April	6:00pm	Community Concert	Marshalltown High School
20th	April	1:00pm	Spring Carnival	Malloy LRC
27th	April	10:00am	Dance Program	Malloy LRC
1st	May	1:30pm	Line Dancing	Malloy LRC
2nd	May	9:00am	Pella Tulip Festival	Pella, Iowa
4th	May	1:30pm	Jerry Beauchamp Music Program	Malloy LRC
11 th	May	10:00am	Sugar and Spice Band	IVH Courtyard
14 th	May	9:00am	Garden Box Planting	IVH Courtyard
15 th	May	9:00am	Jerry's Barnyard	IVH Courtyard
18 th	May	11:00am	Fish Fry	Malloy LRC
20 th	May	10:30am	National Veterans Association Riders	IVH Courtyard
21 st	May	9:00am	Oscars Tractor Show	IVH Courtyard
25 th	May	2:00pm	Tone Chime Choir	Malloy LRC
27 th	May	10:30am	Memorial Day Program	Malloy LRC
1 st	June	12:00pm	ABATE Motorcycle Club	IVH Parking Lot
6 th	June	1:00pm	Recreation – Music Group	Malloy LRC
8 th	June	9:30am	Classic Cruisers Car Show	IVH Parking Lot
15 th	June	10:00am	Music Festival	Malloy LRC
22 nd	June	11:00am	UAW Picnic	Malloy LRC

ANNOUNCEMENTS

The National Nurses Week will be celebrated from 6 May to 12 May 2013.



IVH Chapel Programs

Sunday
10:00am – Worship
2:15pm – Worship
Wednesday
3:00pm – Catholic Communion
Thursday
1:30pm – Worship

Tulip Festival

Pella Iowa will once again be the place of the Tulip Festival. Dates of the Festival are May 2, 3, & 4, 2013. There will be several attractions associated with the festival.



Employee Spotlight by Kathy Shannon

Denise Ulery is a 30 plus year employee who started working at IVH in 1982 in housekeeping, moved to Purchasing and has now taken on many responsibilities in Facilities Management. Denise now supervises Transportation, Print Shop, Quarter Master and Housekeeping Compliance as well as becoming the unofficial interior design person for IVH. Denise has been integrally involved in the design for the Dack Expansion project, the Fox and Ulery project, the renovation of Sheeler and Loftus and over 100 staff interoffice moves in just the past two years alone. Denise has been the "go to" person whenever a space needs to be refreshed to make the facility more welcoming and home like. Denise has been married 34 years to IVH retired painter Larry Ulery and has 2 children and two grandchildren. Please join me in recognizing Denise Ulery in this issue of IVH Insights.



Jay Thomasson is a Marine Corps Veteran and a resident of IVH on Dack 3. Jay is 64 years old and grew up in Knoxville where he graduated in 1967 and immediately signed up for the Marines on the “buddy plan” with three good friends he grew up with. They all shipped off to 13 weeks of basic training in San Diego and then onto Quangtri Province in the northern part of South Vietnam. Jay was a part of over 30 operations during his 13 months in Vietnam as Third Recon BN, Third Marine division. Jay comes from a long line of proud Veterans. His father was a Marine in Iwo Jima in WWII. Jay has 3 children and 2 grandchildren. His grandson is currently in boot camp in California. Jay reiterated “War is Hell”, but he is very appreciative of his freedoms and proud of his Marine Corps history. Jay was honorably discharged from the Marine Corps in 1975 as a Sergeant. Jay has been at IVH since 2007. He has found a passion for learning about fly tying. Jay has an IT job on Dack 3 answering the telephones. He reports that he knows he needs to be here and appreciates the care he receives. Visiting with Jay and having him share some of his life with me, was very rewarding. Thank you Jay for your Service to our Country, and for just being you.



Needs List

Iowa Veterans Home
1301 Summit Street
Marshalltown, Iowa 50158



The Iowa Veterans Home is grateful for all donations that are donated and purchased for the residents. Many of these items are a luxury. All items on the list enhance the quality of life that the veterans and spouses enjoy. Your help in obtaining these items will be greatly appreciated. Thank you!

Note: The home is requesting money in support of the following:

- Special Activities Account
- General Memorial Account
- Monetary Donation for 32” Flat Screens or purchase of 32” Flat Screens
- Funding for garden & court yard beautification
- Library Support
- Resident Technology Support
- Christmas Fund

IVH Social Work by David Winjum, LBSW, Dack 2

March is National Social Worker’s Month. Did you know the Social Work profession is one of the fastest growing professions at this time? There are over 650,000 Social Workers in America. We are employed in many different organizations and industries, including private and public agencies, hospices and hospitals, schools and universities, businesses and foundations, military branches and veteran centers, as well as national and local public elected officials. Mark Smith (Democrat for our district), former Commandant Byron Coughlin, Doug Freeman and our Deputy Director Shauna Callaway all have Social Work degrees. Many of the Social Workers here at the Iowa Veterans Home have worked in some of these other fields before coming here.

What brings people to the Social Work field? Typically it is some type of life experience or the desire to help those less fortunate, advocate for individuals or groups of people who are most vulnerable in our society or to fight an injustice. Every March I like to review some of the Code of Ethics for our profession. Perhaps you have heard the saying “Give a man a fish and he eats for a day, teach a man to fish and he eats for a life time”. I have always held self-determination in high regard as an ethical principal. Social Workers seek to enhance clients’ capacity and opportunity to change and to address their own needs.

Many of the residents, family and staff here at the Iowa Veterans Home are familiar with some of the activities and needs Social Worker’s help with. Social Workers here help people function better in their environments, improve their relationships with others, and solve personal and family problems through a wide range of psychosocial services. We combine our efforts with other disciplines such as nursing, recreation, mental health, dieticians and the chaplains to improve the quality of life for our veterans and their spouses. We work closely with the Admissions office, Cashiers and our beloved Nursing Unit Coordinators to provide for the physical needs of our residents and to make their rooms more like a home. If you were unaware of some these activities, be sure to seek out your Social Worker this month and ask for some assistance.



VOLUNTEERS Making a difference In the lives of others

You've thought about it... now is the time to DO IT!!

Just 3 hours a month makes all the difference in the life of a Veteran and the lives of your kids! Kids watch everything we do. By giving back to the community, we show them first hand how volunteering makes a difference and how good it feels to help others.

Benefits to the family... Volunteering as a family has HUGE rewards! It's a fun way to bond as a family and meet interesting people with great life stories. We know what a challenge it can be finding time to volunteer. We make it *fun and easy* at the Iowa Veterans Home with activities during the day, evening and weekends.

Benefits for kids... Volunteering builds kids self-esteem and makes them feel good by helping others. It gives some life experience beyond school, friends, and work. Kids who volunteer throughout high school can qualify for the Silver Chord Award. That designation looks great on their resumes, college and scholarship applications.

Now is the time to volunteer—
If you can find 3 hours a month YOU can make a difference! Call today—Aimee Deimerly-Snyder, Volunteer Coordinator, 641-753-4406.

WOW
Total Volunteer Hours
44,024
for the last 12 months

Volunteers needed in the following areas:



On March 16th, 2013 volunteers Pat Williams and Kathy Price of the Gilman American Legion Auxiliary served Kringlia and Open Faced Sandwiches from the Norwegian table the Foreign Food Fair.

Why Pat Volunteers

I became a volunteer while still working in the Volunteer Services Office as the secretary. I am a volunteer under the American Legion Auxiliary.

Whenever possible I have always helped at the special activities held at the Iowa Veterans Home. When my two girls were growing up they used to come out to the Veterans Home also. I guess you could say we were a "volunteer family."

Now that I work in the Information Technology area I still enjoy volunteering once or twice a month as my work schedule allows. *Pat Williams—ALA Gilman Volunteer and IVH Employee*

In loving Memory

The Iowa Veterans Home extends its deepest condolences to the loved ones of the following residents who recently passed away. We are grateful for the time that they spent with the IVH family. Their presence will be greatly missed.

TAPS



Veterans

Charles Hutchison
Hugh Unger
Rudolph Ulferts
Harold Funk
Marcia Van Patton
Donald Cavaness
Byron Kinsley
John Stelling
Keith DeWitt
Mark Hauptert
James Boyer
Charles Clapsaddle
Edwin Shives
Ronald Lippard
Vern Wilson

Veterans

Norman Schumacher
Chloris Armbruster
Floyd Christensen
Arnold Ellingson
Jay Kell
Paul Hall
Richard Holmes
Clyde Roeske
Duane Johnson
Ronald Zimmer
Dennis Klinger
Robert Wyjack
John McFadden
Steven Daughenbaugh
Alfred Rieck
Gary Bendickson
William Collins
Steven Farkas
Robert Tegtmeier
Clemens Brigl
Richard Wilson
Lewis Peachee

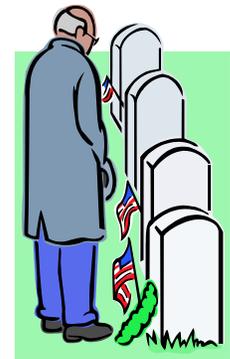


Veterans

James Winters

Spouses

Joanne Lopez
Lilyann Twedt
Mary Christensen
Velma Cameron
Velma Schneider
Margaret Baxter



Iowa Veterans Home Memorial Fund

The Iowa Veterans Home gladly accepts memorial funds from individuals, organizations and businesses that can be used for our residents and facility. If you are interested in making a donation in memory of a loved one please contact Mike Hines at (641) 753-4309 or e- mail michael.hines@ivh.state.ia.us.

Iowa Veterans Home Longevity Awards

5 Years

Don Schmidt
Marcy Tucker
Paige Hughes
William Hamilton
Jason Matteson
Christine Grice
Carmen Hackworth
Tamara Keith
Michael Rutledge
Chad Snyder
Tanya Cobb
DeeAnna Feldman
Matthew Johnson
Rachel Kern
Kari Lovelace
Kendra Youds

10 Years

Janet DeSilva
Carol Segarac-Kern
Cynthia Hineman
Jamie Vest
Tracy Ostrem
Christy Gummert
Michael Heng
Melissa Sienknecht
Angela Rodimaker

15 Years

Katherine Weatherly
Heidi Pippert
Jeanne Gowdy
William Hagey
Susan Bergeson
Catherine Harding
Aaron Polley

20 Years

Linda Bennett
Brad Shipley
Suzanne Curley
Tana Johnson
Leo Lang
Stacy Merfeld

30 Years

Eui Bennett

35 Years

Marcia Seymour
Julie Kelsey
Patricia Williams

“If a player has a lot of longevity and production, you’re looking at two factors- skill and durability” – Bill Belichick former head coach of the Baltimore Ravens.



VAC & IVH Donations

