



IVH Insights

1 January 2014

Chief Operating Officer will begin his duties on January 3.



Michael Jarrell named COO of Iowa Veterans Home

(MARSHALLTOWN) – Jodi Tymeson, Commandant of the Iowa Veterans Home, today announced Michael Jarrell will begin his duties as the Chief Operating Officer on January 3.

“Mike has been licensed in Iowa since 1994, and he brings over 16 years of Iowa nursing home administration experience to the IVH team.” said Tymeson. “He will be instrumental in leading our team and contributing to our commitment to become the best State Veterans Home in the nation.”

Jarrell earned a B.A. in Marketing at the University of Northern Iowa, and his Long Term Care Administrator Certificate at DMACC. He worked as a purchasing director for 12 years prior to his nursing home experience.

“I believe the mission of care for those in our charge is of highest priority.” said Jarrell. “Efforts by all divisions will go to the quality of life for our residents.” Jarrell is a Vietnam veteran and served in the United States Navy from 1968-1972.



Commandant's Corner

HAPPY NEW YEAR!

I'm writing this column on a day when the wind chill is below zero, however, I haven't lost my optimism. As we end this calendar year, and begin anew with a renewed focus on our mission, I know 2014 is going to be a great year at the Iowa Veterans Home!

The IVH team successfully completed Fiscal Year 2013, and we are already halfway through FY 2014. We're perfectly positioned to have another successful year in 2014. Together, we will continue to work to set the national standard for quality resident care. We will work to consistently achieve deficiency-free surveys from the federal and state agencies that provide regulation. We will continue our progress toward moving all residents into private rooms, as we want to provide the dignity these veterans and their spouses deserve.

I'm proud of the IVH team and our commitment to providing quality care and services for our residents.

Jodi S. Tymeson



Chaplains Corner by Angela Doty

Charles Dickens wrote, "It is good to be children sometimes, and never better than at Christmas, when its mighty founder was a child himself." So, as a gift this year, I offer you the following to nurture the child within to play:

Play Therapy by Abbey Press

Childhood is life's first gift. Whatever your age, acknowledge your child within.

Play is the birthright of your child within. Do it often to know discovery, wonderment, and delight.

Let your child within run free. A child kept from play is an abused child.

It's okay to play and be happy. In the beginning God played with infinite possibilities-including you-and it was good.

Remember: you have intrinsic value and goodness. You don't have to prove it by ceaseless productivity.

Consider play as a gift from heaven. After all, only people with faith can play. Others must work and worry.



Welcome New Employees by Wayne Pierson



Heinz Hall Update by Margie Button

Heinz Hall continues to operate at near full capacity with 106 of 107 beds currently filled. We are in the process of involving the residents of Heinz Hall in evaluating current and future environmental needs through small groups. The group has brainstormed ideas and presented to the large group at the last resident meeting. We have also gathered small groups of Heinz Hall residents to evaluate processes that are currently in place for the operation of our front desk. The group has identified processes that can be eliminated and improved upon as well as some environmental issues. It is exciting to have the involvement of our residents. We are also looking to start activities that are focused on Healthy Choices for the New Year, and have recently purchased a series of DVD's that will be used to establish a stretching/exercise group. We are in the process of having all individual rooms waxed, starting in the North wing of the second floor. We are also very excited to be trialing Unit Scooter's which are IVH purchased scooters that are used by a group of Heinz Hall residents that have been identified by our IRCC team as requiring transportation to enhance ability to utilize services and activities throughout the campus. This was initiated one month ago and is going very well.

IVH Insights is a quarterly publication of the Iowa Veterans Home
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(L-R) Todd Mutchler, Stephanie Albright, Kris Lee, Jean Hopkins, Haylee Konicek, Ashley Holloway, Paige Rosenberger, Kimberly Roberts, Melissa Richardson



Front Row (L-R) Kristina McDonald, Valerie Griego, Orlandia Gethmann, Araceli Rico, Abigail Duden, Cedra Baccam, Marlena Crone, Raena Garcia

Back Row (L-R) Donisha Bailey, Kristina McDonald, Jessica Berns, Amy McCuen, Brittany Wright, Monika Schneider, Jeri Davenport, Kaitlynn Hansen, Abby Duden, Kim Barber, Zoey Kadner



Front (L-R) Shelley Dannen, Ganesh Biswakarma, Katie Snider, Sierra Janssen, Melanie Nelson, Tina Bingham, Antoinette Waseskuk, Brandon Anthony

Back (L-R) Jennifer Rabbitt-Starn, Heidi Niedermann, Jennifer Anderson, Sue Pentz, Susan Heldenbrand, Lorrie Bartlett, Kristal Acevedo

Iowa Veterans Home Retirements by Michael Hines

Retirements are a time in our lives that we may decide to spend time with our family, volunteer in the community or have the opportunity to do activities that we may not have had the time to do before. Retirements should be celebrated and not mourned as retirements are a happy period to be enjoyed to its utmost. We are grateful to salute you for your dedication of hard work here at the Iowa Veterans Home! We wish everyone an enjoyable future ahead after your retirement! May all your coming days be filled with many more rewards of joy and fulfillment. The retiree listed below had a total of **39** years of service to the Iowa Veterans Home!

| <u>Name</u> | <u>Position</u> | <u>Years</u> |
|----------------|---------------------------|--------------|
| Sonia Freeman | Central Supply Supervisor | 20yrs |
| Ralph Croxdale | Pharmacist | 19yrs |





Fourth Floor Malloy North

The Malloy building is progressing to the point that it's beginning to look like something we can soon live in. The fourth floor is getting handrails and water fountains installed. The ceilings will be installed soon. The resident rooms are getting cabinets and wardrobes installed and the resident restrooms look very nice with the tile, sink, toilet, shower and cabinetry in place. The restrooms in the basement of Malloy are complete and work has begun on the main floor restrooms by Ceramics. Window installation is also continuing.



Fourth Floor Malloy North Resident Restrooms



Transportation

The construction of the new Transportation Building is almost complete. The walls, doors and roof panels have been installed. The power has been run and the door operators will be installed soon. IVH should be using this sometime in January. The boiler project is almost complete as well. The boiler was delivered and set in place. The piping must be run for



Boiler Gets Unloaded

gas, fuel oil and steam before testing the unit. This project is estimated to be completed by end of January.



Boiler is Moved Into Position



New Boiler In Place at Power House

Resident Spotlight by Roxanne Wolken, NS2, RN, Ulery West

Many of you reading this already know the resident we are spotlighting this month, Richard Parsons. Richard came to live at the Veterans Home in April of 1998. Richard was born April 10, 1948 and was raised in Cedar Rapids with his six sisters. During high school he wrestled for 3 years and his sister reports that he was quite good. Richard states that one of his teammates wrestled Dan Gable. After graduation from high school he enlisted in the army in 1967 and was trained in radar technology. Richard served 12 months in Vietnam where he was awarded two Purple Hearts, two Bronze stars and a Good Conduct Medal. Richard was honorably discharged on May 5, 1970.

Following discharge Richard returned to the Cedar Rapids area and held various jobs. He has one son, John that still lives in the Cedar Rapids area. Richard's faith has always been important to him and he provided lay minister support to the Anamosa Prison through his church for 10 years.

Since admission to the Veterans Home, Richard has participated in Ceramics. He also keeps active by attending open gym every day. Richard has had some formal music training and looks forward to anything musical. You can hear him sing as he enjoys performing with IVH choir and Chaplain Craig during unit devotions.



Iowa Veterans Home Upcoming Events



| Date | Month | Time | Event | Location |
|------|--------------|------------|---------------------------|-------------|
| 5 | January 2014 | 12:30 p.m. | Harlem Globetrotters | MHS |
| 11 | January | 10:00 a.m. | Root Beer Floats | Malloy LRC |
| 14 | January | 1:30 p.m. | ALA Ladies Social | Dack LRC |
| 17 | January | 2:00 p.m. | Bingo-ALA Marshall County | Atha Dining |
| 18 | January | 2:00 p.m. | Flatland Ramblers | Malloy LRC |
| 20 | January | 2:00 p.m. | Bingo-VFW | Atha Dining |
| 24 | January | 2:00 p.m. | Bingo- VFW Auxiliary | Atha Dining |
| 25 | January | 2:00 p.m. | Rural Edition | Malloy LRC |
| 28 | January | 2:00 p.m. | Bingo-AMVETS | Atha Dining |
| 11 | February | 1:30 p.m. | ALA Ladies Social | Dack LRC |
| 15 | February | 1:30 p.m. | Old Time TV Show Program | Malloy LRC |
| 22 | February | 1:30 p.m. | DART | Malloy LRC |



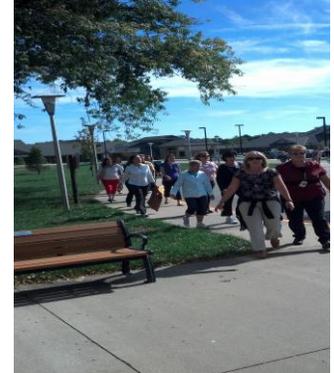
ISU PRESIDENT VISIT



IVH Competes In the Healthiest State Initiative



On October 9, 2013, 32 IVH employees gathered at the switchboard to participate in the Healthiest State Initiative that was being held throughout the state of Iowa. The Healthiest State Initiative is a privately led public initiative intended to inspire Iowans and their communities throughout the state to improve their health and happiness. The goal of this initiative was to have individuals, families, businesses, faith-based organizations, not-for-profits and the public sector to unite in a community-focused effort to make Iowa the healthiest state in the nation by 2016.



Iowa Veterans Home Employee Spotlight by

Phil Koester is a 20 plus year employee who started working at IVH in 1993 in Maintenance as an electrician. Phil is in constant demand due to his outstanding knowledge of the campus and how the electrical, cable television and phone lines run throughout the facility. He is also seen as the Hill Rom and Stryker bed expert. Phil's expertise was sought after during the design process of both the new buildings and the renovations that are currently taking place. Phil is seen as the go to person for projects that range anywhere from a camera that needs to be moved to entire space renovation that requires moving or adding electrical power.

In his spare time, Phil also farms on land outside of Gladbrook and enjoys helping his brothers' farm as well. Phil's vacation of choice is going to Branson with his wife. Phil is married to IVH retired Medical Technologist Deb Koester and has 2 children, Kyle and Kevin. Kyle also works at IVH. Please join me in recognizing Phil in this issue of IVH Insights.



Quality and Compliance by Lana Comstock

The Quality and Compliance Bureau has been working toward the IVH mission: To provide a continuum of care to Iowa's veterans and their spouses in an environment focusing on individualized services to enhance their quality of life. As we think about our purpose as a Bureau we've developed our vision, which is that we provide resources and education to support and enhance excellence that achieves and sustains positive outcomes.

This past year has been focused on identification of clinical areas that will govern our quality assurance performance improvement (QAPI) plan. Some examples of work completed include development of the IVH QAPI plan and we are now starting to roll that out. A Performance Improvement Project (PIP) tracking system has been initiated. This is a requirement per Centers for Medicare & Medicaid Services (CMS) for our QAPI program. Some areas identified that we will be working on include 1) Evaluating for antipsychotic medication reduction 2) Reducing alarm use following clinical evaluation 3) Resident and family satisfaction surveys that are evidenced based and incorporate elements of the anticipated Quality Indicator Survey (QIS) to be initiated by CMS via Department of Inspections, although we do not have a known date for implementation of the QIS.

We look forward to further developing our agency's systems and processes with all employees having a voice on improvement efforts, as we continue our quest for performance excellence!



Certificates of Recognition presented to IVH Employees

On December 4, 2013, Iowa Veterans Home employees Grant Primus and Deb Speicher were accompanying an IVH resident to a medical appointment in Des Moines. As they were enroute to the appointment, gun shots were fired at several local pedestrians and nearby moving vehicles from an unknown assailant. It was during this time that Grant and Deb took action to secure the resident that was being transported. It was their actions that resulted in no harm to the resident and themselves. Both Grant and Deb were awarded Certificates of Recognition for their actions. The certificate reads as follows:

For outstanding dedication and service above and beyond the call of duty for safeguarding an Iowa Veterans Home resident on December 4, 2013. Your ability to react quickly prevented any further engagement in the sudden hostile environment and further prevented the spread of harm to you and others involved. Your outstanding achievement demonstrates a high degree of initiative and dedication and reflects great credit upon yourself.





Happy New Year!!

2014 Upcoming Events...

...
Volunteer Advisory Committee
Salute to Hospitalized Veterans
Wednesday, February 12th

Daughters of the American Revolution
George Washington's Birthday Party
Saturday, February 22nd

Volunteer Advisory Committee
Foreign Food Fair
Saturday, March 15th

Volunteer Advisory Committee
Spring Carnival
Saturday, March 19th



The AmVets Annual Veteran's Day Walk, held on Veterans Day, benefitted IVH. Members of Veterans Organizations from Hudson, Evansdale, and Waterloo walked alongside the Waterloo East and West ROTC Junior cadets to raise over \$5,000 for the Iowa Veterans Home.




Jeff Wisnieski, from Home Instead Senior Care, delivered over 900 gifts and donations for IVH residents.



Mechdyne Corporation volunteered with over 20 employees in November. They then bought and wrapped resident gifts as a part of their holiday annual giving project.

The Following Corporations and Groups played Santa this year buying and wrapping additional gifts for our residents. Thank You!!

- Jeff Wisnieski—Home Instead Senior Care**
- Polk City Riders**
- Mechdyne Corporation**
- Davenport Red Hat Ladies**



Thank you all the groups and families that donated for resident Christmas gifts.

Volunteers needed in the following areas—Contact Aimee @ 753-4406

6 Activity Centers . Recreation Activities . Gift Shop . Chapel . One-on-One

In loving Memory

The Iowa Veterans Home extends its deepest condolences to the loved ones of the following residents who recently passed away. We are grateful for the time that they spent with the IVH family. Their presence will be greatly missed.

Taps (Oct - Dec)



Spouses

Hazel Bear
Cecile Maxwell
Bonnie Feldman
Mildred Cordes
Opal Herbert
Arlene Wingrove

Veterans

James McCann
Loretta McNeil
Donald Allbee
Robert Routh
Oren Peterson
Todd Bissonnette
Morris Jensen
Michael Alleb
Alfred Dittmar
Edward Barber
Carol Lunde
Dale Davis
Leland Haines
John Willis
Merle Ainley
Howard Shelton
Larry Wiederin
Charles Gill
Roy Spangenburg
James Burch
Jerry LaFever

If you have questions about the Iowa Veterans Home Cemetery please contact Donnelle Berndt at (641) 753-4218 or email at Donelle.Berndt@ivh.state.ia.us. You may also view our web page at <http://ivh.iowa.gov> to find information about the Iowa Veterans Home cemetery.

Donations

The Iowa Veterans Home is grateful for all donations that are donated and purchased for the residents. Many of these items are a luxury. All items on the list enhance the quality of life that the veterans and spouses enjoy. Your help in obtaining these items will be greatly appreciated. Thank you!

Note: The home is requesting money in support of the following:

- General Memorial Account
- Special Activities Account
- Library Support
- Christmas Fund
- Clothing Fund



Iowa Veterans Home Memorial Fund

The Iowa Veterans Home gladly accepts memorial funds from individuals, organizations and businesses that can be used for our residents and facility. If you are interested in making a donation in memory of a loved one please contact Mike Hines at (641) 753-4309 or e-mail michael.hines@ivh.state.ia.us.

Iowa Veterans Home Longevity Awards (October - December)

5 Years

Tanja Whitmore
Debra Grundy
Jennifer Leavy-Wesphal
Kyleigh McCombs
Tianna Ordaz
Mike Roupp
Bill Cook
Susan Butler
Patrick McGill

10 Years

Matt Aldrich
Debra Bennington
Susan Olson
Ammata Pierron
Kirsten Barker
Nicole Casey
Jennifer Ferriss
Jolene Fredregill

15 Years

Rob Buchwald
Wiley Ahn
Richard Smith
Mike Groh
Stan Overstake
Chris Sodoma
Susan Perkins

20 Years

Doug Moberly
Jacqueline Bryant
Kelly Doe
Sonia Freeman
Betty Hawkes
Marie Jackson
Roxanne Williams
Stacey Badger
Nancy Carmer
Connie Tribby
Annie Husak

25 Years

Monica Beenken

30 Years

Billy McKay
Sherry Sanderson
Deana Primus
Paul Anderson

CONGRATULATIONS TO THESE EMPLOYEES FOR THEIR YEARS OF SERVICE!



Iowa Veterans Home Donations & Events!!



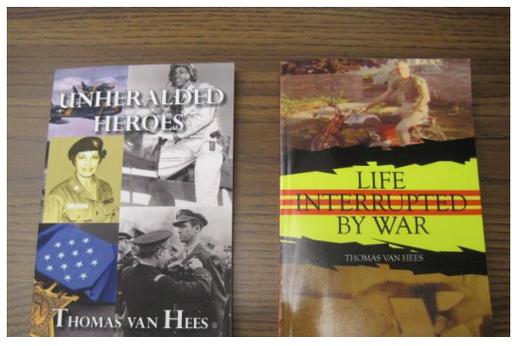
Dick and Joan Kresser present CPT Kresser's donation check for **RUNNING** Ragbrai in support of mental health to Commandant Tymeson and Dr. Doug Steenblock! Total miles ran were 416 miles!!



(L-R) Brett McLain, Commandant Tymeson, Renee Twedt, and Aimee Deimerly. Donations were from Story County.



Iowa Elks Association



Author Tom van Hess and a Veteran Advocate



Iowa State Bowling Association

New Channel at IVH by Craig Nelson



IVH TV is on the air! Starting the day before Thanksgiving IVH began broadcasting on its own Television channel. The beginning was small as the Thanksgiving ecumenical Protestant service was broadcast to the facility at 1:30 p. m followed by Thanksgiving Mass at 3:00 p.m. Both telecasts were available to residents on all televisions throughout the facility, including those in resident rooms. They have been followed up with telecasts on Sunday, December 1, December 5, and December 8.

The new station is located in the IVH Chapel and is available on all digital televisions on channel 16-1. Older sets, those with set top boxes, are scheduled to be able to receive the station on channel 991. At present the regularly scheduled worship services on Thursday and Sunday are being broadcast live. These services are shown live on Thursdays at 1:30 and 3:00 and on Sundays at 10:00 and 2:15

Programs from the chapel are broadcast using a state of the art HD television camera and switcher. Even more exciting is the fact that this is only the beginning for IVH TV. Within the next year an expansion is planned for the Malloy LRC that will allow for broadcast of all events that take place there. Under consideration is a possible expansion of the system to the Dack LRC. When the system is complete it will enable IVH to broadcast any major event at IVH to every resident living here. It will also allow for emergency communications throughout IVH and will provide for teaching activities to be broadcast. Come join us on channel 16-1 and watch us grow!

